



# Mindset Sport

WE CARE ABOUT YOU ON AND OFF THE  
PITCH SO WE HAVE TEAMED UP WITH  
MINDSET SPORT.

THEY OFFER FREE WELL-BEING  
RESOURCES, COVERING EVERYTHING  
FROM PHYSICAL AND MENTAL HEALTH TO  
D&I & LGBTQ+ AWARENESS TO FINANCIAL  
AND RELATIONSHIP SUPPORT

## OTHER RESOURCES INCLUDE

A FREE BOOT EXCHANGE  
FREE MENTAL HEALTH AWARENESS TRAINING FOR THE  
WHOLE CLUB

ACCESS TO SUBSIDISED MHFA ENGLAND TRAINING  
COACHES RESOURCES TO HELP WITH TRAINING PLANS  
AND CONVERSATIONS

HIGH QUALITY TRAINING GEAR WITH ALL PROFITS GOING  
BACK TO MINDSET SPORT AND  
SO MUCH MORE



Scan the QR code to go direct

